

FAQ'S



Bibs & Shirts

- ⊗ Packet Pick-up is located at Ridgeview Park (race location). This is where you will pick up your shirts and bibs for runners. There will also be registration available so bring a friend.
- ⊗ Friday, June 8- 4:30pm until 7pm at the River Shelter by the parking lot
- ⊗ Saturday, June 9- 8am until 8:45am by the amphitheater/start line location

Dude, where's my car?

- ⊗ Parking on the day of the event will be in the grassy field to the right of the park entrance. You will take a right hand turn at the park entrance following the signs. There will be parking attendants to direct you.

Extra! Extra! Read all about it!

- ⊗ Pin bibs on the front of the shirt using four safety pins so it doesn't fall off in the mud.
- ⊗ Both races start in the front of the amphitheater. The Fun Dash (ages 3-5) will start at 9am. The Mud Run (ages 5-14) will start at 9:15am after the Fun Dash is over.
- ⊗ There will be volunteers assisting at each obstacle AND along the course. There will also be directional arrows throughout the course.
- ⊗ If you feel your child will NEED you along the course you may run with them. We will have over 40 volunteers on the course so please only go with your child if it is necessary. ONLY children should do the obstacles, parents may watch from the sideline, encourage, and help them if needed. (If you are going on the course with your child you may do the river cross because there is no other way around.)
- ⊗ IF A RUNNER IS NOT COMFORTABLE FOR ANY REASON ON A GIVEN OBSTACLES THEY CAN BYPASS IT.

Post Race Happenings

- ⊗ Each runner will slip n slide down the hill to the finish! The finish line will have a chute where volunteers will lead kids to parents at the EXIT, please meet your child here. Clean up at the fire truck near the finish and enjoy some post race fuel.
- ⊗ Participants can enjoy water, Gatorade, fruit, and granola bars at the finish line.
- ⊗ Celebrate your accomplishment with a swim at the War Memorial Pool for free by showing your race medal!



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