FAQ'S - October 14, 2017 - RACE STARTS - <u>8AM</u> for KIDS & <u>8:15AM</u> for 5k & 10k

Bibs & Shirts & Swag...Oh My!

- Packet Pick-up is located at Best Western Plus from 5pm-7pm on Friday October 13. There will also be registration available so bring a friend.
- Can't make it Friday? Come to Constitution Park at the Dominion Shelter on October 14 from 7:15am - 8am.

Dude, where's my car?

- It's 2017...you have GPS or Google Maps! Plug in 101 Short St and follow directions! Continue on and you will be parking in the Invista parking lot, a short walk from the Dominion Shelter.
- No cars will be allowed to enter Short St. after 8:10am!

Extra! Extra! Read all about it!

- Pin bibs on the front of your shirt using four safety pins. Timing chip is on the bib!
- Kids Race starts at 8am; 5k & 10k races will start at 8:15am
- WALKERS Please stay to the right along the greenway and allow 10k runners to pass you on the left.
- As a reminder the course split is on Woodrow Ave/Binford Rd. 5K runners will turn left and 10K runners will turn right. There will be signage at the intersection but with the volume of runners it is important to be aware ahead of time.



Post Race Happenings

- Participants can enjoy refreshments at the Dominion Shelter & awards around 9:15am
- We will crown the 2017 Run The Valley Champions Stick around and congratulate the winners!!













Benefitting:



Waynesboro Cross Country





