



Waynesboro

Parks & Recreation

Dear Runners,

On behalf of the City of Waynesboro Parks & Recreation and the Augusta Health Cancer Center, thank you for signing up for the 35th Annual Summer Extravaganza 5k & 10k Races and 5k Fun Walk. This packet contains most of the details about the race, from packet pickup to race day parking. If you have other questions concerning the race please feel free to email us at parcsandrec@ci.waynesboro.va.us or call 540-942-6735. Proceeds benefit the cancer bridge fund at Augusta Health - thanks for you support!!!

Thanks again,

Dwayne, Ben & Amanda - Waynesboro Parks & Recreation

Karen Robertson - Augusta Health Cancer Center



Packet/Bib Pickup

**Friday July 11 from 5:30pm-7:30pm
at Augusta Health Community Care building**

**Saturday July 12 from 7:15am-7:45am
Ridgeview Park at the Serenity Garden**

(Please enter the park off Rosser Avenue and park on the ball field behind Westwood School)

Race Starts at 8:00 AM

Directions to Augusta Health Community Care building

From I 64 take Exit 91

From the ramp onto Rt. 608 (I 64 West turn right, I 64 East turn left)

At the first stoplight you will see a sign for Augusta Health – take a left.

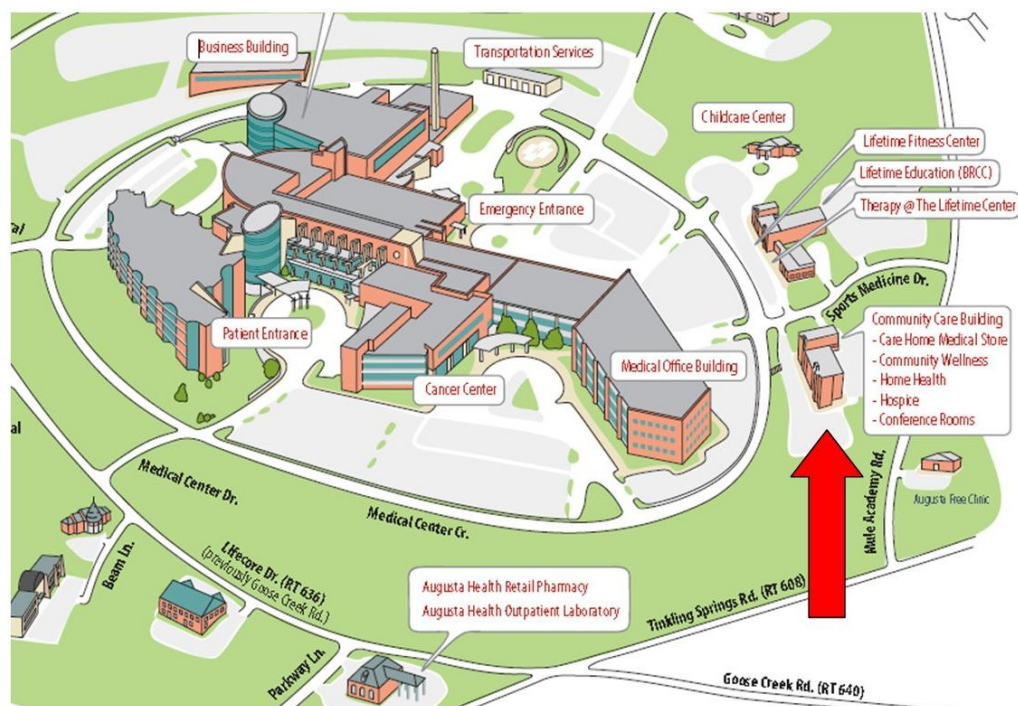
Continue on that road until you see the hospital on your right, take the first right into the hospital.

At the 4-way stop sign take a right.

Take a right onto Sports Medicine Drive.

Take an immediate right into the parking lot of the Augusta Health Community Care building.

Packet pick-up will be in the conference room on the first floor of the Augusta Health Community Care building



Race Day Parking:

From I-64, take Exit 94. When you get off the exit ramp, go East on Route 340 towards Waynesboro. Proceed approximately 2 miles and you will see Westwood Hills Elementary School on your right. Go just past the school parking lot and you will be able to turn into the park off Rosser Ave. Once you enter the park you will see the ball field on your right. All cars will park in the outfield of the ball field at the back of Westwood Hills.

RACE STARTS AT 8:00 AM

Restrooms!

Three Port-A-Potties will be made available to relieve yourself of any race day jitters!

Water Stations

5K Race/Fun Walk; Mile 1.8 on Tuckahoe Rd
10K Race; Mile 2.9 on Hollins Rd & Mile 4.9 on Tuckahoe Rd

Finish Line Details:

Once you have finished the race...relax & enjoy some great food and the awards ceremony. Don't forget to stick a round for the raffle!!!

Race Bibs & Timing:

Runners will use the Chronotrack B-Tag system. No other timing chip may be worn. B-Tags are placed on your bibs and must remain on your bib to receive a finish time and be eligible for awards. Pin your bib on the front of the shirt you will be crossing the finish line wearing.

Please only cross the finish line ONCE!!!

Results will be posted at:

<https://www.raceit.com/results/default.aspx?event=26455>

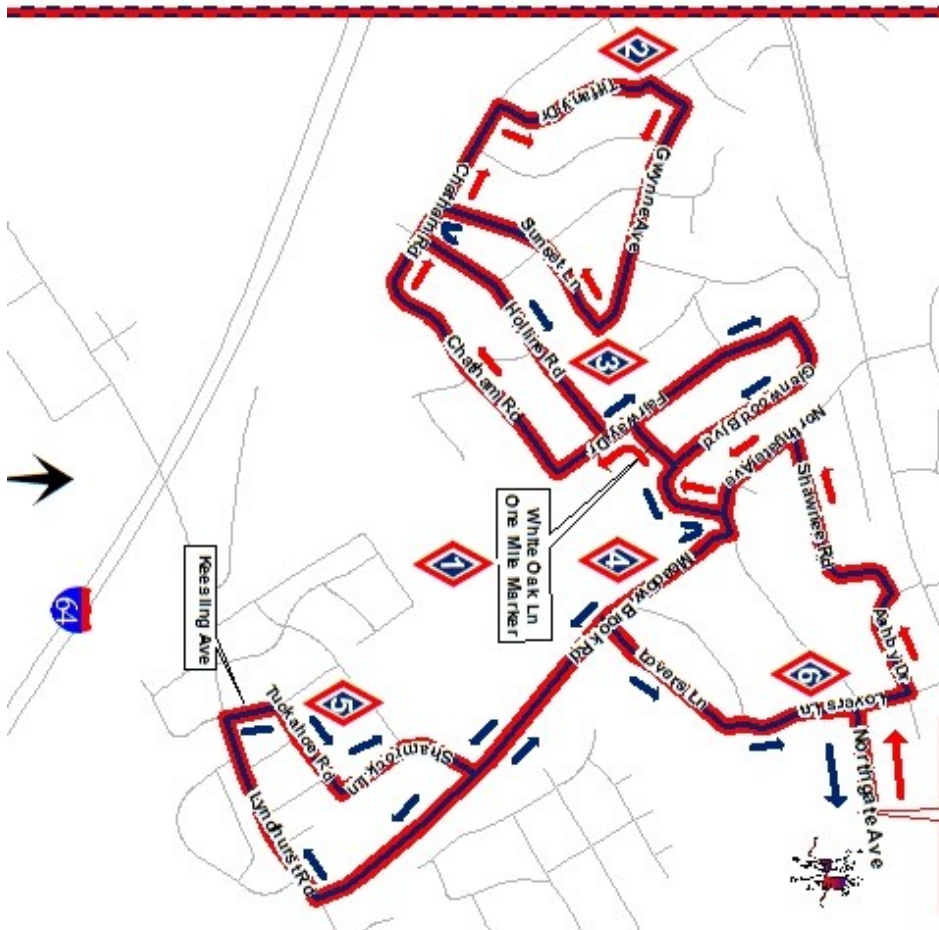
10K Race Route

10K Route



Mile Marker

Start/Finish



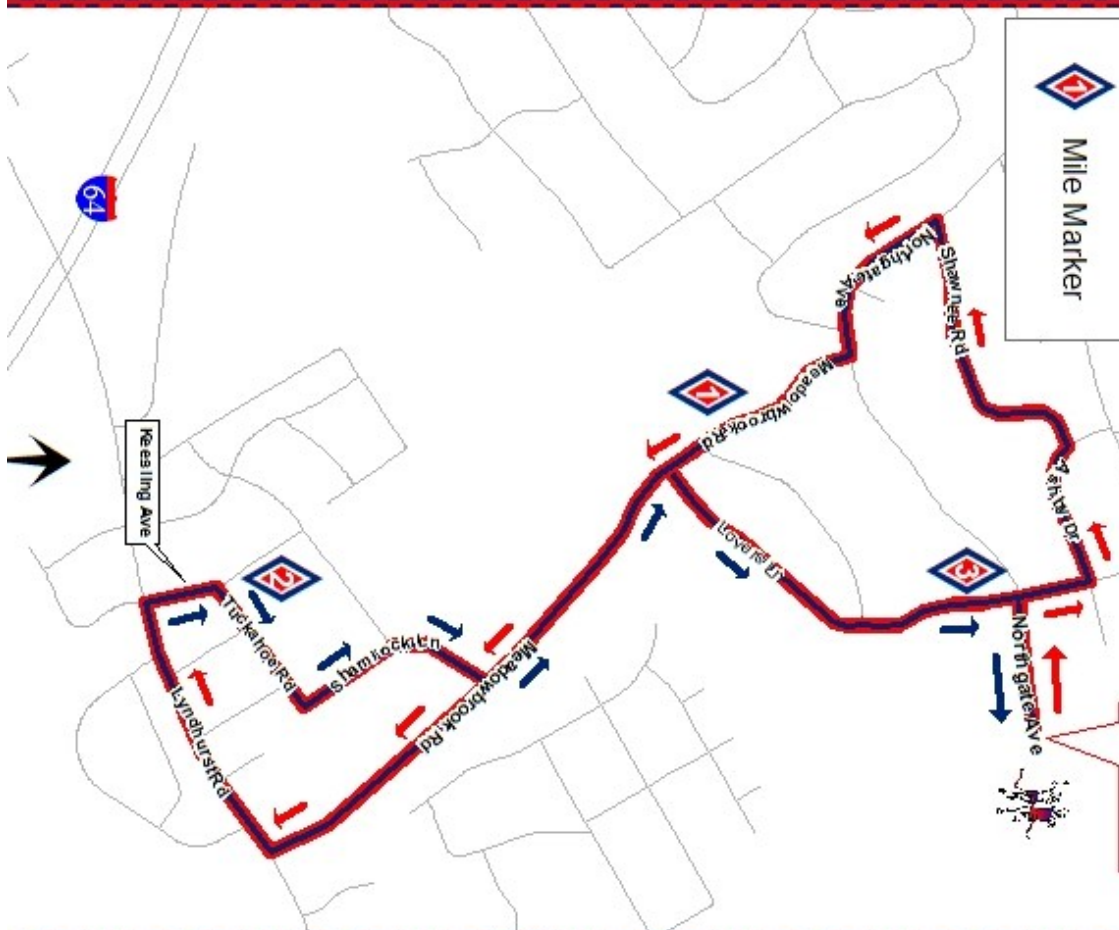
5K Race Route

5K Route



Mile Marker

Start/Finish





What Does the Augusta Health Cancer Center Bridge Fund Do?

Augusta Health Cancer Center's Bridge Fund builds bridges where they are needed—across the gaps faced by cancer patients and families each day.

Augusta Health Cancer Center's Bridge Fund:

Bridges the gap with Gas Cards!

Patients come from as far as 65 miles away for lifesaving treatments. That adds up quickly—130 miles a day, 650 miles a week, 4550 miles over the course of a seven week treatment. For most families, just getting to treatments is expensive.

Bridges the gap not covered by insurance!

Patients need to pay for nutritional supplements and co-pays on expensive medications. More than \$2000 is paid by the Bridge Fund each month to help with costs not covered by insurance.

Bridges the gap for the self-employed with minimal or no insurance!

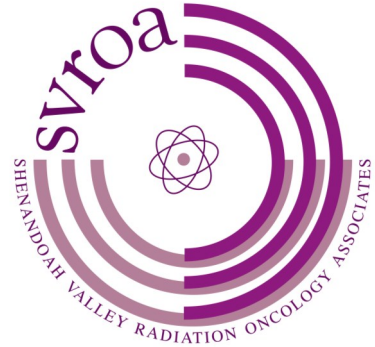
The Bridge Fund has covered costs for patients who need surgery to place the port for their chemotherapy and home medical equipment for those with little or no insurance. At times, this contribution has made the difference between a patient undergoing treatment or walking away from it.

Bridges the gap for unexpected expenses during hospital admissions!

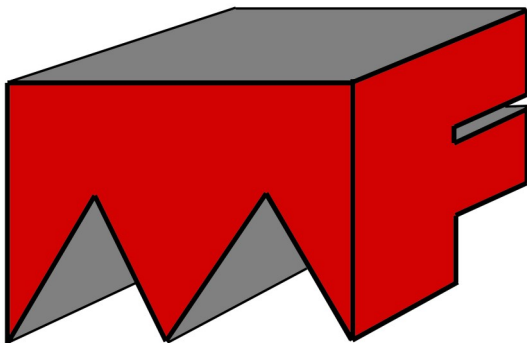
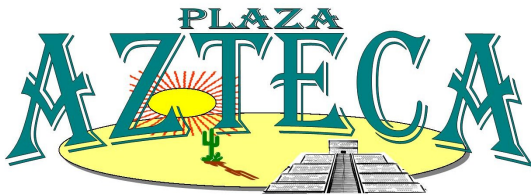
Being admitted to the hospital for several days adds to the stress of the financial burden in unanticipated ways. The Bridge Fund has covered rent so patients could afford to keep apartments and undergo rehab. It's paid for hotel bills so spouses of patients who live far away can stay rested at the bedside to provide emotional support.

Support the Augusta Health Cancer Center Bridge Fund to help build the bridges patients and their families need so they can focus their energy on their most important task—healing.

Thanks to our wonderful sponsors!!!



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