

# Race Day Information

Attention Mud Runners,

Thanks for signing up for the 5th annual Mad Anthony Mud Run. We have some new additions this year and a couple gifts to say thank you in helping us celebrate our 5 year anniversary of this great race as we pay homage to Waynesboro's namesake - General "Mad" Anthony Wayne. This packet contains details about the race, from the "battlefields" to our great post-race party. Be sure to check out the virtual coupons from our amazing sponsors! Please tell them thanks for their support. If you have other questions concerning the race please feel free to email us at <a href="mailto:parksandrec@ci.waynesboro.va.us">parksandrec@ci.waynesboro.va.us</a> or call 540-942-6735.

Thanks again,

Amanda, Ben & Dwayne

### Packet/Bib Pick Up:

Friday Feb. 26 at Home Depot Waynesboro (near the contractor entrance)
5:00 pm - 7:00 pm

Saturday Feb. 27 at Coyner Springs Park 8:00 am - 8:45 am Race Day registration will be available for individuals only!

Race starts at 9:00 am

# **ALL PARTICIPANTS WILL BE BUSED TO THE START LINE!**

ALL participants and spectators will be bused to Coyner Springs Park.

Buses will depart the Waynesboro Town Center (Target Parking Lot) beginning at 7:45am and continue through 8:45am.

Buses will begin taking participants back to Target beginning at 10:00am.

The last bus will depart Coyner Springs Park at 12pm.

# \*Directions to Waynesboro Town Center\* 811 Town Center Drive

From I-64, take exit 94. When you get off the exit ramp, turn left onto Rosser Ave/ US 340. Continue to follow US 340 S. Turn left at the stop light onto Shenandoah Village Drive (Chic-Fil-A is on the left). Continue on Shenandoah Village Drive and turn right into the parking lot in front of Target Shopping Center. Please refer to the proceeding map for parking.



# **Course Description**

This is not your typical mud run. This is a trail style run with numerous "battles" and ankle deep mud in spots.

Battle 1: Tire pit

Battle 2: Tunnel Underground

Battle 3: Hay bale climb (Thanks Waynesboro Nurseries)

Battle 4: Wall Climb

Battle 5: Under /over logs

Battle 6: Swamp run, river crossings & tunnel

Battle 7: Cinderblock Carry-Sponsored by

Battle 8: Net Crawl

Battle 9: Cargo Net Climb

Battle 10: Tube crawl Battle 11: Wall Climb



#### **Race Bibs & Timing**

All runners will be chip timed by our friends at Blue Ridge Timing

The timing chip is on the back of the bib and this is were it stays. DO NOT try to put this on your shoe.

Pin your bib on the **front of the shirt** you will be wearing when you are crossing the start/finish line. **PLEASE USE ALL 4 PINS** 

#### **Costume Contest**

Compete by yourself, as a pair or as a group! Located in the beer garden area, you will get photographed and can quickly explain your costume to our panel of judges. You must run the full race in your costume!

#### Judging time: 8:00am-8:45am

#### **Starting Corrals**

Everyone will start in either Corral 1, 2 or 3. When you go to the start line, find your corral that you requested that is marked with a number and orange cone. Stand behind that cone until we release you to battle! <u>The awards will be based on chip time! It doesn't matter where you start. So yes, a person starting last can actually win!</u>

#### Corrals will be released every 3-5 minutes.

#### **Changing Area / Dry Bag Storage**

We are opening the restrooms for race day. We will also offer a dry bag storage area. Pin your gear check bib number on your small bag and we will watch it for you during the race. Space on the shuttle

#### **Post Race Party**

After battling the mud, relax in the Coyner Springs Park shelter next to the cozy fire or outside by the bonfire.

There will be bananas, oranges and water available at the end of the race.

Buffalo Wild Wings will be doing 2 rounds of their famous Blazin' Wing Challenge! Make sure you see their staff after you finish to sign up. Space is limited in each round!!

#### New Beer for 2016! Back Track Bock by Seven Arrows

Our friends at Seven Arrows have a special treat in store for all participants! Back Track Bock is brewed for the Mad Anthony Mud Run ONLY! So after you finish your race, stop by and get yourself a glass! All participants 21 and older, your registration fee includes 2 beers. Please have your Race Bib on hand.



#### YOU MUST BRING YOUR ID-NO EXCEPTIONS

Make sure you have it with you on the shuttle bus

Our staff will be checking IDs and wristbands to those eligible for alcohol.

All alcohol must be consumed in the specified beer garden area. Guests can also purchase beer for \$3.00